



Prospect House, Inc. 682 Hawthorne Ave. Cincinnati, OH 45205

(513) 921-1613

prospect-house.org familyprospects.org



To make a referral, call (513) 921-1613

Referral Process:

- Must be an adult male with a substance abuse problem
- Negative COVID test required
- Have candidate call us
- Make intake assessment appointment

Intake Process:

- Certified professionals perform substance use diagnostic assessment
- Symptoms assessed for mental health and psychiatry referrals
- Family information collected for Family Prospects program
- Bed/room assigned
- SUD Counselor assigned
- Appointment with case manager made for Medicaid, medical appointments, etc.

men successfully (over 70% annual abstinence rate) for over 50 years. Prospect House is a long-term residential drug and alcohol treatment facility in East Price Hill, serving mostly indigent

PROSPECT HOUSE

FACT SHEET

July, 2021

- <u>Charter:</u> An independent, not-for-profit corporation established to administer a long-term residential treatment and recovery facility for alcoholic and chemically dependent men without the means, income, insurance or other resources to find assistance.
- <u>Function</u>: To provide food, shelter, clothing and medical referrals; to provide tightly structured programs which help in the process of re-entering society as functional, productive citizens. We help men who choose not to use Medically Assisted Treatment for their addiction learn to live and thrive without drugs and alcohol.
- Program: A 90-day minimum residency with an average 7 months stay, consisting of education classes, individual counseling and group therapy, on and off-premises meetings of Alcoholics Anonymous, carefully-phased occupational/vocation guidance, family healing and recovery services, and recreation in recovery sports leagues and dances, as well as cultural enrichment experiences such as the symphony, plays, and operas.
- <u>Scope:</u> Over 120 men treated per year, with a consistent success factor of 74% percent sobriety, measured annually. More than 6700 have been treated since the inception of the facility in 1970.
- <u>Best Practices:</u> ASAM for level of care and treatment planning; a combination of Therapeutic Community approaches and 12-step Facilitation Therapy, both validated by research as effective for treating substance abuse.
- Environment: Alcohol/drug-free group housing/living; reliance on self-betterment and self-support as well as mutually helping one another; and active participation in outside, independent self-help groups and activities.
- <u>Family Program:</u> Newer outpatient Family Prospects program can serve 100+ family members annually. Provides groups, family therapy and case management to families affected by addiction. Employs a combination of several validated family systems treatment models.
- Facilities: Five residential buildings with mix of dormitories, semi-private and private rooms: the main building houses 30 men; Lovatt House houses 10 men; Wood House houses five men; and two Transitional Houses Shaffer House with capacity for 10 and Wyche House with capacity for five men. Both of these are reserved for residents who have completed their programs and are easing back into the workforce. Main building features: recently renovated institutionally equipped kitchen and cafeteria; meeting rooms; recreational facilities with music, games, events stage, and weightlifting equipment; complete lavatory facilities, laundry and pantry storage areas; and dedicated family services area. Sober housing: 19 beds distributed among five houses in our Price Hill neighborhood, all within a half-mile of the agency, and all

- are reserved for Alumni of our program. These are regarded as permanent housing, and they stay full, and are an asset to the neighborhood.
- <u>Staff:</u> Includes the Executive Director, 2 Clinical/Associate Directors, four professional counselors, a family therapist, a case manager, a CFO, a financial manager, clerical staff, a cook, a maintenance man, and resident supervisors, who maintain a 24 hour paid staff presence.
- <u>Business Facilities</u>: Separately housed (adjacent) office building includes individual offices for all professional staff members, clerical, reception, and conference areas.
- <u>Financial Support:</u> Public grants from federal, state, and local agencies; donations and payments from working residents, as well as gifts and donations resulting from fundraising activities are the facility's main sources of income. Gifts also come in the form of clothing, food, and other goods.
- Resident Selection: Men are referred by the medical and legal professions; hospitals and health care groups; social and family service agencies; individuals, business and industry; judicial systems; and church. They are selected after interviews and assessments by counselors and staff, and must want to embark on a recovery through abstinence journey with us.
- <u>Board of Trustees:</u> Comprised of 18 members who are representative of business and industry; the clergy; the health care communities, and the overall general population of the Greater Cincinnati area. The Board meets on a bi-monthly basis.
- Other: Prospect House has a continuum of care, offering continued assistance to graduates, regarded as Alumni; regularly assists its residents to find employment and training through our extensive networks; maintains close ties with ongoing new techniques and knowledge regarding alcohol and substance abuse treatment, and continues with its policy of employing recovering people in executive, staff, and advisory capacities.

Further information: David F. Logan, Executive Director

Roger A. Zellars, Clinical Director

Tracy McClorey, Family Program Director

(513) 921-1613

prospect-house.org familyprospects.org





Addiction has torn down the house.

It's time to rebuild.

Family Prospects Mission

We are here to help families heal and recover from the ripple effects of alcoholism and addiction on their families

We are here to help families better their relationships, find support from other families who understand the disease of alcoholism/addiction, and if appropriate, heal relationships with the alcoholic/addict in recovery.

We do this by providing education, counseling, support and resources for the whole family and individuals in the family.

As a result, families will be stronger, healthier, more resilient and happier. As the children grow up, they will have fewer problems with drugs and alcohol, thereby breaking generational cycles of addiction.

Family Education Groups

Visit familyprospects.org/calendar for details

Al-Anon Meetings

2:30pm Sat. @ Prospect House 682 Hawthorne Ave. Cincinnati, OH 45205

cincinnatiafg.org



FAMILY PROSPECTS

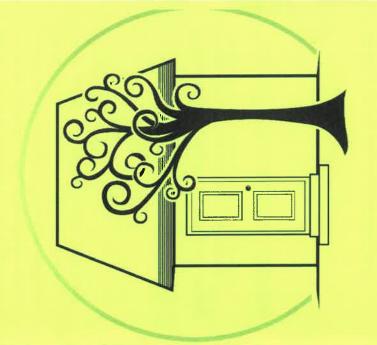
For More Information

Call: (513) 873-1923 or

(513) 921-1613

Visit: familyprospects.org

Family Prospects Program



A place for families to heal and recover

family prospects. org

Let's Grow & Heal Together

The good news is that your loved one is getting the help they need to stop using alcohol and/or drugs through a treatment program. They are getting the resources they need to rebuild their lives and live without drugs and alcohol. This may be a difficult journey for them, but with time, support, and recovery, they can achieve long term sobriety and abstinence from drugs.

"We have a right to expect more from life than mere survival."

— Al-Anon Family Groups, How Al-Anon Works

So what about you and your family?

It would be impossible for families to not be effected by the disease of alcoholism as it ripples out and wreaks havoc on those they love. So if the alcoholic/addict is getting treatment for this, shouldn't the family? The Family Prospects Program provides ways to help families and the individuals in them, to learn, heal, and recover on their own, and at their own pace.

Education

We offer Education Group on certain evenings. Each group has a learning topic, and is run by a group facilitator. Family members get the opportunity to discuss and share how the topics apply to themselves in a nurturing and safe environment.

Healing

With a foundation of education, families can begin family counseling and start our Healing Group. A family therapist is assigned to help the family define and work on its goals, such as 'we want to argue less and communicate better.'

Also, if the family wants to mend the relationship with the alcoholic/addict in treatment, we have experienced professionals to guide them through the process.

Recovery

We believe families that come to believe in a recovery mindset, which usually includes Al-Anon or other 12 step groups, leads to the healthiest families. This is because families find hope, support and help from each other as they continue their growth and achieve well-being, whether their loved one drinks/uses or not.

Other Services

Sometimes families need support getting back on their feet as well, so the Family Prospect Program can assist in getting you and yours resources and help where needed, such as health referrals, or food assistance. Perhaps we can help eliminate barriers in getting child care or transportation.

Getting Started

To be in the Family Prospects Program, you must have a family member in a substance use treatment program or facility. Simply ask one of their professionals to refer you to our program.



"Family" is defined as people who share a close bond and care for each other deeply.