

INSPIRING COMMUNITY COOPERATIONS
ON THE
front lines

RHYTHM

MONTHLY NEWSLETTER

FEATURED STORY
THIS MONTH:

EMPOWER PROJECT

Greater Cincinnati Master List
In partnership with On the Front Lines, collecting resources for a master list in the Greater Cincinnati region.
Peer Support Curriculum Development for Pregnant and Parenting People
Partnered with Ohio Mental Health and Addiction Services (OHMAS) to create a supplemental online learning program.
PCORI Research Engagement EMPOWER Project Partners participate in a 8-month course in collaboration with the Patient-Centered Outcomes Research Institute (PCORI) designed to prepare EMPOWER Partners to conduct their own qualitative research.



Dr. Nichole Nidey

Angel Ehenschwender, MPH

EMPOWERING MOTHERS, PROVIDERS AND OTHERS TO WEIGH IN AS EXPERTS IN RESEARCH

EMPOWER JOURNEY MAP PROJECT

A VISUAL SUMMARY OF OUR PATIENT PARTNER'S EXPERIENCES. WE THANK THEM FOR COURAGEOUSLY SHARING THEIR STORIES.










MEANINGFULLY IMPROVE OUTCOMES FOR PREGNANT AND POSTPARTUM PERSONS WITH SUBSTANCE USE THROUGH PATIENT-CENTERED, CO-LED, AND CO-DESIGNED RESEARCH

The EMPOWER (Empowering Mothers, Providers and Other Research Stakeholders to Weigh in as Experts in Research) Project is a patient-centered collaborative that was founded in 2019 by Dr. Nichole Nidey at Cincinnati Children's Hospital Medical Center. It is a collaborative of patients, community members, clinicians, and researchers who are co-leading and co-designing research to improve outcomes for pregnant, postpartum, and parenting people with substance use and their families. Currently, there are 20 EMPOWER Project Partners with lived experience of substance use around the timing of pregnancy from Ohio, Kentucky, West Virginia, Illinois and New Jersey. EMPOWER Project Partners participate in monthly virtual meetings, co-lead research projects and share lived experience to guide future work.

2023

Feb.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			15			18
19	 20	21				25
26	27	 28				

Mar.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				2		4
5	6			9		11
12	13		15	16	17	18



The Recovery Center of Hamilton County
Class Schedule



True Freedom Recovery Yoga
Class Schedule



Stay inspired



I began working with this client after receiving a call from them while they were currently a patient at Clermont Mercy. They originally called me because the individuals that said they were coming to visit them didn't show up, and wanted to also discuss "what they were going to do next". I had never met this individual prior to this phone call. My first thought was this person is obviously in need of support, as well as possible treatment. After visiting them, it was clear they were still not in a place, mentally or physically, that they would need to be in to function productively.

Once they were discharged from Mercy Hospital, they did not follow up with me immediately. When they finally did, it was evident by our conversation, that they were in crisis and in need of emergency mental health services. After about two months of phone calls, I began to gain enough trust that they were finally willing to take my advice and Voluntarily admit themselves into a psychiatric Hospital for stabilization.

About two weeks later, I received a phone call that they were ready to transfer to Cedar Oaks Wellness Center. We successfully finished their stabilization period, helped adjust their medications, and educated them on their substance use issues. Before coming to Cedar Oaks Wellness Center, due to their mental illness, the client was homeless and struggling to take care of themselves. I'm proud to announce, this client successfully completed our treatment program and recently enrolled in college to pursue their Masters. They also moved into housing on campus. The family says this is the best version of their loved one they have seen in years.

"Together, we can be the difference. Together, we can inspire recovery."



Daniel Ritchie

 dantheweapon

 danielritchie513@yahoo.com