**NEW Project CARE STARR Classes**

**Please join us VIRTUALLY for a weekly educational class that focuses on healthy sexuality & relationships, personal rights, and empowerment. It is YOUR right to enjoy healthy and safe relationships!**

**Class Sessions for 2021 will occur Tuesdays 11am-1pm (with a short break) via Zoom**

**Each session lasts 7 weeks**

**2/16-3/30 | 4/27-6/8 | 7/13-8/24 | 9/28-11/9**

National Public Radio’s unpublished Justice Department data report on sex crimes shows that people with intellectual and/or developmental disabilities — women and men — are the victims of sexual assaults at rates more than seven times those for people without disabilities. The NPR data shows that people with intellectual and/or developmental disabilities are more likely to be assaulted by someone they know and during daytime hours. Yet, people with intellectual/cognitive and/or developmental disabilities receive less education or are denied information about sexuality and healthy relationships.

[*https://www.npr.org/2018/01/08/570224090/the-sexual-assault-epidemic-no-one-talks-about*](https://www.npr.org/2018/01/08/570224090/the-sexual-assault-epidemic-no-one-talks-about)

**STARR (Safety Training & Risk Reduction)** is a systematic educational curriculum intended to teach individuals with intellectual, cognitive, developmental and/or significant mental health disabilities how to become more effective decision-makers who could protect themselves against violence and abuse in the home and community. Project CARE's STARR classes provide weekly sessions of prevention and education material to individuals with disabilities by addressing ways to identify abuse, develop and maintain healthy relationships and how to seek support when needed. Additionally, Healthy Sexuality and Sexual Education has been incorporated into the course.

*All educators have completed Elevatus 24 Hour Training Course for “Developmental Disabilities and Sexuality: Becoming a Sexuality Educator and Trainer.”* [*https://www.elevatustraining.com/*](https://www.elevatustraining.com/)

**Contact to Sign-up:** [**projectcare@ywcacin.org**](mailto:projectcare@ywcacin.org) **or call 513-361-2117**

**About Project CARE** Project CARE is a community collaborative providing support services to individuals with disabilities impacted or at risk for domestic violence, sexual assault, dating violence, and stalking. Project CARE is driven by the vision that people with disabilities be empowered to access highly effective services that are welcoming, comprehensive, and without barriers.

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